Attorneys in Nairobi

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1) Ashitiva & Co. Advocates
   Physical Address: Victoria Towers, 1st Floor, Kilimanjaro Avenue, Upper Hill
   Postal address: P.O. Box 21372 – 00100 GPO Nairobi, Kenya
   Telephone: +254 020-02376082;
               +254 020-2710880;
               +254 0722-764732
   E-mail: info@ashitivaadvocates.com
   Website: http://www.ashitivaadvocates.com/
   Areas of practice: Corporate, Commercial, Litigation and Conveyance law

2) Gitonga Mwangi & Co. Advocates
   Physical address: Office Suites, Parklands Rd
   Postal address: P.O. Box: 101833-00101 Nairobi, Kenya
   Telephone: +254-020 801 9545
   Mobile: +254-722-969 402 or +254-708 408 475
   E-mail address: hgintonamwangi@gmail.com
   Area of practice: Advocates, Lawyers & Commissioners For Oath & Notaries Public

3) GlascoteRose & Company Advocates – Rose Muigai
   Physical address: Fortis Suite, 2nd Floor, 6 Upper Hill Hospital Road Nairobi
   Postal address: P.O Box 29075 00100
   Telephone: +254 070 077 6779
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   E-mail address: rose.muigai@glascoterose.com, info@glascoterose.com
   Website: www.GlascoteRose.com

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Postal address: P.O. Box: 42062-00100 Nairobi GPO
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Mobile: +254 738 504 156
E-mail address: info@hayangaadvocates.com
Area of practice: Litigation, consultancy, commercial, conveyancing, corporate, debt collection

5) **Kang’ahi S. & Associates Company Advocates – Stanley Kang’ahi**

Physical address: St. Georges house, 1st Floor, Suite 115 Parliament Road
Postal address: P.O. Box 8132- 00100, Nairobi
Telephone: +254 020 200 2826
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E-mail address: law@kangahiassociates.com
Area of practice: Litigation, consultancy, commercial, conveyancing, corporate, debt collection

6) **Kaplan & Stratton**

Physical address: 9th Floor, Williamson House, 4th Ngong Avenue, Upper Hill.
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Telephone: +254(20) 2841000/2733919
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Email: KS@kapstrat.com
Website: http://kaplanstratton.com/

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7) **Kihara & Wyne- James Muruthi Kihara**
   - **Physical address:** Studio House, 6th Floor, Argwings Kodhek Road
   - **Postal address:** P.O. Box 8369- 00100, Nairobi
   - **Telephone:** +254 020 222 4422
   - **Telephone:** +254 020 222 4433
   - **Mobile:** +254 072 232 9943
   - **E-mail address:** Kihara@kenyanjurist.com
   - **Website:** www.kenyanjurist.com
   - **Area of practice:** Litigation, consultancy, commercial, conveyancing, corporate, debt collection

8) **Kilonzo & Company Advocates**
   - **Physical address:** Opposite Baptist Church, Ngong Rd, Nairobi, Kenya
   - **Postal address:** P.O. Box 59839-00200, Nairobi, Kenya.
   - **Telephone:** +254 020 247 6228
   - **Cellphone:** +254 072 220 9963
   - **Email:** info@kilonzoadvocates.co.ke

9) **Musyimi & Company Advocates**
   - **Physical address:** M’pulla House, Arboretum Drive, Off State House Road
   - **Postal address:** P.O. Box 12502-00400, Nairobi, Kenya.
   - **Telephone:** +254(020) 233 – 0551, (020) 233 – 0552
   - **Cellphone:** +254 733 773 955 / +254-722 513 991
   - **Email:** musyimilaw@musyimilaw.com
   - **Website address:** http://www.musyimilaw.com
   - **Area of practice:** Real Estate, Law/Conveyancing, Commercial and Business Law, Family Law, Indemnity, Inter-Town Practice, Legal Aid

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10) **Muthoga, Gaturu & Company Advocates**

- **Physical address:** 7th Floor, Bruce House,
- **Postal address:** P.O. Box 47614 - 00100 GPO Nairobi, Kenya
- **Telephone:** +254 20 223 0182/3
- **E-mail address:** info@mgmail.co.ke
- **Website address:** http://www.mgadvocates.com/
- **Area of practice:** Real Estate Property, Litigation, Arbitration and Mediation,
  Additional Services, Intellectual Property, Banking, Insurance and Finance

11) **Nderitu & Partners**

- **Physical address:** No. 7, Kugeria Maisonettes, 12 Ralph Bunchë Road
- **Telephone:** +254 (20) 27 34 111, +254 (20) 27 34 222,
  +254 (20) 27 34 888
- **E-mail address:** info@nderitulaw.com
- **Website address:** http://nderitulaw.com/
- **Areas of practice:** General Practice, Labor and Employment Law, Alternative
  Dispute Resolution, Family Law, Business Law, Real Estate Law, Insurance Law.

12) **Onyinkwa & Co. Advocates**

- **Physical Address:** Vedic House, 5TH Floor - 507, Mama Ngina St.
- **Postal Address:** P. O. Box 3283 -00200, Nairobi, Kenya.
- **Telephone:** 254-02-229 355
- **Areas of practice:** Conveyance, chattels mortgage for banks, individuals and other
  institutions, tort law involving accident/insurance work for various insurance companies and
  individuals.

13) **TripleOKLaw Advocates**

- **Physical address:** 5th Floor, Wing C; ACK Garden House;
  1st Ngong Avenue, Off Bishop’s Road
- **Postal address:** P. O. Box 43170 - 00100, Nairobi, Kenya
- **Phone:** (254) 20 – 272 7171
- **Mobile:** (254) 709 830 100
- **Email:** info@tripleoklaw.com
- **Website:** http://tripleoklaw.com/
- **Areas of practice:** Litigation and Arbitration, Corporate and Commercial Law,
  Conveyancing and Property, Intellectual Property Law

Updated: 26th July, 2018
14) **Ramesh Manek Advocate**

**Physical Address:** Mpale Court, Westlands Clost, off Westlands Road

**Postal Address:** P.O. Box 14635-00800 Nairobi

**Telephone:** 254-02-374 2519

**E-mail:** manek@iconnect.co.ke

**Areas of practice:** Commercial Law and Loan and Charge documentation, Property Transactions, Major Commercial litigation, Building contracts and disputes, Insurance and Banking litigation.

15) **Ngugi Shava & Associates, Advocates- Margaret Wambui Ngugi Shava**

**Physical Address:** 10 Chiromo Lane (Future Tech House)

**Postal Address:** P.O. Box 25354 – 00603, Nairobi

**Telephone:** 254-071514213

**E-mail:** mshava@ngugishiva.com


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**THE LAW SOCIETY OF KENYA**

The Law Society of Kenya is Kenya’s premier Bar association, with membership of all practicing advocates, currently numbering in excess of the seven thousand. It has the mandate to advise and assist members of the legal profession, the government and the larger public in all matters relating to the administration of justice in Kenya. The Society was established by an Act of Parliament – The Law Society of Kenya Act (Chapter 18 of the Laws of Kenya). The Law Society in its present form was formed in 1948 by section 3 of the Law Society of Kenya Ordinance, 1949. That Act was later repealed by the current Law Society of Kenya Act, which came into force on 30th October, 1992.

**Physical Address:** Lavington, Opposite Valley Arcade, Gitanga Road;

**Postal Address:** P.O. Box 72219-00200, Nairobi

**Telephone:** +254 20 2625391, +254 20 8155295

**Mobile:** +254 720 904 983, +254 704 442154, +254 704 442166

**Email:** lsk@lsk.or.ke

**Website:** [http://www.lsk.or.ke/](http://www.lsk.or.ke/)

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LEGAL AID CONTACT INFORMATION

CHILDREN LEGAL MATTERS
1. CRADLE
   Physical Address: Wood Avenue Apartments, Wood Avenue, Kilimani Nairobi
   Postal Address: P.O Box 10101 - 00100 Kenya
   E-mail: info@thecradle.or.ke
   Telephone: +254 2 3874575/6 or +254 2 2710156
   Mobile: +254 734 798 199 or +254 722 201 875
   Website: http://thecradle.or.ke

2. Children's Legal Action Network (CLAN)
   Physical address: Mugo Kibiru Rd, Off Ngong Rd,
   Postal Address: P.O Box 7979, 00200 Nairobi, Kenya
   Telephone: +254 20 386 7757
   Email: info@clan.or.ke
   Website: www.clan.or.ke

GENDER VIOLENCE, FREE LITIGATION FOR DIVORCE AND CHILDREN MAINTENANCE

1. Federation of Women Lawyers-Kenya [FIDA-K]
   Physical address: Amboseli Road off Gitanga Road, Lavington, Nairobi,
   Postal Address: P.O. BOX 46324-00100 Nairobi, Kenya
   Telephone: +254.20.387 0444 or +254.20.387 3511
   Mobile: 254-722 509 760 or +254-733 845 003
   Email: info@fidakenya.org
   Website: www.fidakenya.org

2. Coalition on Violence Against Women (COVAW).
   Physical address: Haven Court, Nairobi City, Kenya
   Postal address: P.O. Box 10658-00100, Nairobi
   Telephone: +254 -20-804 0000/1
   Mobile: +254 722 594 794/ +254 733 594 794/
            +254 771 127 852/ +254 752 743 351

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GENERAL FREE LEGAL SERVICES

1. **Kituo Cha Sheria – NGO**
   
   **Physical Address:** Head Office: Nairobi  
   Ole Odume Road off Argwings Kodhek Road  
   **Postal Address:** P.O. Box 7483 00300- Nairobi  
   **Telephone:** +254-0203 876 290 / +254-020-387 4220 /  
   +254-020-3874191  
   **Mobile:** +254-734 874 221 / 0727 773 991  
   **E-mail:** info@kituochasheria.or.ke  
   **Website:** www.kituochasheria.or.ke  
   
   **Branch Office: Nairobi**  
   Forced Migration Program (FMP)  
   **Physical Address:** Jogoo Road Plaza, 2nd Floor, Opposite Kobil Petrol Station  
   **Telephone:** +254-0202 451 631 / +254-020-3874220 /  
   +254-020-3876290  
   **Mobile:** +254-0736 867 241 / +254-720 806 531

2. **Kenya Human Rights Commission**
   
   **Physical Address:** Gitanga Road opp. Valley Arcade Shopping Center,  
   **Postal Address:** P.O Box 41079-00100, Nairobi, Kenya  
   **Telephone:** +254-20 204 4545, +254-20 210 6709, +254-20 3874998  
   **Mobile:** 0722 264 497 / 0733 629 034  
   **SMS:** 22345 (to report violation)  
   **Email:** admin@khrc.or.ke  
   **Website:** http://www.khrc.or.ke

ALTERNATIVE DISPUTE RESOLUTION

1. **Chartered Institute of Arbitrators (CIArb),** Kenya branch  
   - Arbitration  
   - Mediation  
   The Chartered Institute of Arbitrators is a leading Professional Membership organization representing the interests of Alternative Dispute Resolution practitioners’ world-wide.  
   For more information visit the website [http://www.ciarbkenya.org/](http://www.ciarbkenya.org/)

   **Physical Address:** Nicholson Drive off Ngong Road;  
   Between Bermuda Plaza and Church of Nazarene  
   **E-mail address:** info@ciarbkenya.org  
   **Website address:** www.ciarbkenya.org  
   **Mobile number:** +254-722 200 496 / +254 -734 652 205

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2. **Dispute Resolution Centre Nairobi**

The Dispute Resolution Centre (DRC) in Kenya was founded in 1997 in response to an increasing need in East Africa for a new dimension in resolving disputes, by seeking non-adversarial means of settlement, promoting reconciliation and cutting the cost of conflict in terms of both time and money. For more information visit the website [http://www.disputeresolutionkenya.org/](http://www.disputeresolutionkenya.org/)

- **Physical address:** Elgeyo Marakwet Close, off Ngong Road, Nairobi.
- **City Centre deliveries:** Box 13 Dropping Zone, Revlon Plaza Muindi Mbingu Street
- **Postal Address:** P. O. Box 57792- 00200 City Square, Nairobi, Kenya
- **Website:** [www.disputeresolutionkenya.org](http://www.disputeresolutionkenya.org)
- **Email:** mediate@disputeresolutionkenya.org
- **Telephone landline:** +254 (20) 386 4460/ +254 (20) 385 4459
  +254 (20) 240 3876/ +254 (20) 232 4620-1
- **Facsimile:** +254 (20) 387 3071